

## NURSING ASSISTANT (NA) PROGRAM – 120 CLOCK HOURS

### **PROGRAM OBJECTIVE:**

To train and prepare students for the written and hands on portion of the CNA state exam, with sufficient theoretical and clinical skills to enter the professional field of nursing assistant.

### **PROGRAM DESCRIPTION:**

The NA program offers classroom training and clinical training. Upon successfully completing the NA program the student will receive a certificate of completion. The student should possess the knowledge and skills necessary to pass the State of Florida Certification Exam for Nursing Assistants (CNA) and will be able to function at an entry level position as a nursing assistant.

### **BACKGROUND SCREENING:**

Prior to licensure as a CNA you must have a Level 2 background screening with fingerprinting. Applicants who submit an initial licensure application to the department for a profession that requires background screening pursuant to [§456.0135, Florida Statutes](#), must submit fingerprints electronically through a service provider approved by the Florida Department of Law Enforcement (FDLE) and who is photo capable and is in compliance with the requirements of Florida's Care Provider Background Screening Clearinghouse pursuant to [§435.04\(1\)\(e\), Florida Statutes](#).

The purpose of the clearinghouse is to provide a single data source for background screening results of persons required to be screened by law for employment in positions that provide services to children, the elderly, and disabled individuals. The clearinghouse allows the results of criminal history checks to be shared among specified agencies when a person has applied to volunteer, be employed, be licensed, or enter into a contract that requires a state and national fingerprint-based criminal history check. ([§435.12, Florida Statutes](#))

### **TUITION AND EXPENSES:**

Tuition	\$ 680
Registration Fee ( <i>non-refundable</i> )	15
Book Fee ( <i>non-refundable</i> )	<u>55</u>
<b>Total Tuition</b>	<b>\$750</b>

#### Fees paid directly by student to outside vendors:

State Exam Fee, payable to Prometric ( <i>non-refundable</i> )	\$155
Level 2 Background Check and Fingerprinting ( <i>non-refundable</i> )	\$ 70-90

## PROGRAM CURRICULA

### Course Numbering Breakdown:

NA = Nursing Assistant

Course Numbers = an internal number utilized for an easy point of reference for that page. The number 101 was simply chosen as a beginning and the numbers proceeded.

### Course Number:

NA 101      Introduction to Healthcare - Describes the organization of nursing facilities and some of the federal laws regarding patient care. Addresses the purposes, goals, and services of the long-term care facility. The Patient Bill of Rights, and the functions, proper dress and ethical behavior of the NA.

4.0 Hours

NA 102      Bloodborne pathogens; HIV/AIDS; Biohazardous Waste – Examples of each are reviewed along with safety precautions and spill kit.

4.0 Hours

NA 103      Understanding Your Patient - Understanding the Maslow's hierarchy, which emphasizes communication barriers and differences between verbal and nonverbal communication.

3.0 Hours

NA 104      Body Structure and Function - Understanding the process of aging on the body, it's normal functions and the signs and symptoms of abnormal functions.

4.0 Hours

NA 105      Safety/Infection Control - Safety hazards in hospitals and nursing homes. Accident Prevention, using restraints safely. Hand washing and Infection Control.

4.0 Hours

2.0 Lab hours

NA 106      Body Mechanics - An outline on how to properly align and reposition patients. Transfer techniques, and how to prevent injury to the NA.

1.0 Hour

2.0 Lab hours

- NA 107      Bed Making - Changing linens and bed making techniques (occupied).  
1.0 Hour  
2.0 Lab hours
- NA 108      Skin Care and Cleanliness - Proper skin care prevention of decubitus ulcers. Assisting patients with their personal hygiene. The proper techniques for giving a bed bath, mouth care, shampooing, nail care, dressing, and Perineal care.  
1.0 Hour  
2.0 Lab hours
- NA 109      Urinary Elimination - Techniques for using bed pans, bedside commodes and the characteristics of normal urine. Rules for maintaining normal urination, bladder training, and the use of a foley catheter. Measurement and recording content of urinary drainage bag.  
1.0 Hour  
1.0 Lab hours
- NA 110      Bowel Elimination - Factors that affect bowel elimination, common problems relating to the defecation and the care of a colostomy; bedpans.  
1.0 Hour  
2.0 Lab hours
- NA 111      Solids and Fluids - The importance of proper nutrition, the food guide pyramid, feeding, special needs diets, dehydration, and tube feedings.  
1.0 Hour  
2.0 Lab hours
- NA 112      Vital Signs - Vital signs (Pulse, Respiration, Blood Pressure) and how to read them. Normal and abnormal values of taking and reporting them.  
1.0 Hour  
3.0 Lab hours
- NA 113      Activity and Exercise - Range of motion exercise. The necessity and possible complications associated from the lack of exercise. Ambulation techniques.  
1.0 Hour  
2.0 Lab hours

- NA 114 Patient Admission- Patient orientation to the unit, measurement of height and weight and proper procedures for moving patient from one unit to the next.
- 1.0 Hour  
1.0 Lab hour
- NA 115 Care of Postoperative Patients - Common health conditions that require surgery and special needs of each.
- 2.0 Hours  
2.0 Lab hours
- NA 116 Rehabilitative and Restorative Care - The role of the NA in assisting to restore the patient to optimum function.
- 1.0 Hour  
1.0 Lab hour
- NA 117 Care of the Elderly - How to detect elder abuse, (domestic violence) social and psychological effects of aging.
- 2.0 Hours
- NA 118 Common Health Problems - Health problems commonly encountered by frail/elderly patients. Caring for patients with chronic and acute illness.
- 2.0 Hours
- NA 119 **Dementia Management and Patient Abuse Prevention** - Recognizing the differences between acute confusion and Alzheimer's disease and how to care for those patients. What to do if you suspect patient abuse and how to prevent it.
- 4.0 Hours
- NA 120 Sexuality - The importance of the sexuality of the aging and how to handle a sexually aggressive patient.
- 1.0 Hour
- NA 121 The End of Life Patient - The 5 stages of death and how to meet the physical and psychological needs of the patient. The signs of approaching death and the postmortem care.
- 2.0 Hours

NA122	Application of Compression Stockings and Temperature – Demonstrate how to apply compression stockings to the patient and how to use and measure temperature with Digital and Manual Thermometers.
	1.0 Hour 1.0 Lab hour
NA123	Dean Vaughn “Medical Terminology” Course - an introductory course to medical Terminology.
	2.0 Hours
NA124	Medical Abbreviations- – the most common medical abbreviations you will see in the medical community.
	3.0 Hours
NA125	Interview Skills- tips on professionalism and examples of questions student may be asked during an interview.
	1.0 Hour
NA126	Basic Life Support/CPR and First Aid- this is an 8-hour course designed to teach the student CPR with AED and first aid.
	5.0 Hours 3.0 Lab hours
NA127	Externship- hours to get practical experience with real patients in a healthcare setting.
	40.0 Hours

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**Total Hours:**

Theory	54
Lab	26
Externship Hours	<u>40</u>
<b>Total Hours</b>	<b>120 hours</b>

**DIPLOMA/CERTIFICATES AWARDED**

120-Hour Completion, CPR, First Aide, HIV/AIDS, Infection Control, Resident's Rights, HIPAA, Alzheimer's/Dementia, Medical Records Documentation, Medical Error Prevention, Bloodborne Pathogens, Restraints & Seclusion.