

PATIENT CARE TECHNICIAN (PCT) – 625 CLOCK HOURS

PROGRAM OBJECTIVE:

To train and prepare students for both the written and hands on portion of the CNA state exam as well as prepare students for the employment as Advanced cross trained nursing assistants

PROGRAM DESCRIPTION:

Most programs require the Health Science Core (90 hours) as the first course, then proceed to Nursing Assistant (75 hours). However, Affordable Training has the Nursing Assistant Course (NA) already in place and it consists of 120 hours...most of the Health Science Core curriculum is already incorporated in the NA curriculum, and it is approved by the Board of Nursing and complies with the state of Florida requirements. Therefore, we only require the Health Science Core as a “BRIDGE” to the Patient Care Technician (PCT) plan of study.

BACKGROUND SCREENING:

Prior to licensure as a CNA you must have a Level 2 background screening with fingerprinting. Applicants who submit an initial licensure application to the department for a profession that requires background screening pursuant to [§456.0135, Florida Statutes](#), must submit fingerprints electronically through a service provider approved by the Florida Department of Law Enforcement (FDLE) and who is photo capable and is in compliance with the requirements of Florida's Care Provider Background Screening Clearinghouse pursuant to [§435.04\(1\)\(e\), Florida Statutes](#).

The purpose of the clearinghouse is to provide a single data source for background screening results of persons required to be screened by law for employment in positions that provide services to children, the elderly, and disabled individuals. The clearinghouse allows the results of criminal history checks to be shared among specified agencies when a person has applied to volunteer, be employed, be licensed, or enter into a contract that requires a state and national fingerprint-based criminal history check. ([§435.12, Florida Statutes](#))

PATIENT CARE TECHNICIAN (PCT) PROGRAM TUITION & EXPENSES:

Registration Fee (<i>non-refundable</i>)	\$100
Book & Materials Fee (<i>non-refundable</i>)	250
Tuition	2500
Test Fee	<u>175</u>
Total Tuition	\$3025

Course Numbering Breakdown:

PCT = Patient Care Technician

Course Numbers = an internal number utilized for an easy point of reference for that page. The number 100 was simply chosen as a beginning and the numbers proceeded.

PCT 100 **Health Science Core** 45 hours

Fundamental knowledge and skill to advance to PCT program to include items not emphasized in the NA program, which is math, computers, Lifespan needs, continuing education requirements, trends, telephone usage, employability skills.

PCT 100.01 Exhibit understanding of health care delivery system and health occupations. To include but not limited to: recognition of basic components of health care delivery system, identification of composition, functions, roles and responsibilities of a health care team, importance of continuing education, Lifespan needs.

PCT 100.02 Exhibit good communication and interpersonal skills. To include but not limited to: listening, understanding, observation, oral, grammar, cultural awareness, telephone skills.

PCT 100.03 Exhibit legal and ethical responsibilities. To include but not limited to: legal framework, medical framework, patients’ “Bill of Rights”, confidentiality, abuse and neglect, sexual harassment, domestic violence.

PCT 100.04 Exhibit knowledge and application of wellness and disease concepts. To include but not limited to: basic anatomy and physiology, major body systems, response of defense mechanisms, grief process, positive self image, nutrition pyramid.

PCT 100.05 Exhibit basic safety and security practices. To included but not limited to: safe use of medical equipment, response to safety hazards, proper identification of patients, safe patient transport and transfer.

PCT 100.06 Exhibit proper response to emergency situations. To include but not limited to: vital signs observation, emergency care, CPR and first aid, adverse drug reactions.

PCT 100.07 Exhibit knowledge of infectious control procedures. To include but not limited to: medical and surgical asepsis, OSHA guidelines.

PCT 100.08 Exhibit computer literacy.

PCT 100.09 Exhibit employability skills. To include but not limited to: conducting a job search, properly complete an application, interview competence, appropriate response to criticism, acceptable work behavior, presentation of personal résumé.

- PCT 100.1 Exhibit understanding of blood borne diseases. To include but not limited to: discern between fact and myth of transmission and treatment, community services and resources, prevention of spreading, CDC guidelines.
- PCT 100.2 Exhibit basic understanding of math and science: To include but not limited to: proper drawing, reading, reporting charts, graphs, and tables, measurements, evaluations, ability to draw conclusions, observation, scientific reasoning.

Infection Control / HIV / AIDS is reviewed and emphasized in each section of the entire PCT program.

PCT 101 **Nursing Assistant** 120 hours

Theory and laboratory practice students with basic patient care principles and the role of the Nursing Assistant in delivering resident care as a member of the health care team. Content includes communication, nutrition, physical comfort, safety functions, personal patient care, infection control, basic anatomy and physiology, health care delivery system, legal and ethical issues, concepts of wellness and disease, CPR & First Aid.

Eligible to sit for the State Exam to achieve CNA destinations.

SEE CATALOG PAGES 13-18 FOR DETAILED DESCRIPTION.

PCT 102 **Home Health Aide (*Advanced*)** 75 hours (Medicare HHA – Agencies require 75 hours)

Theory and laboratory practice provide the student with skills and knowledge in the areas of communication, legal/ethical responsibilities, comfort and safety, nutrition in the home, infection control in a non-healthcare environment, supervision received from nurses and physicians offsite. Supportive home services to maximize independence of patient.

- PCT 102.01 Exhibit written and verbal communication skills appropriate to the Home Health Aide. To include but not limited to: obtain specific information from the patient and/or family member(s), identify cultural differences within the family structure.
- PCT 102.02 Exhibit understanding of ethical and legal responsibilities as appropriate to the Home Health Aide.
- PCT 102.03 Exhibit safety functions and physical comfort as appropriate to the Home Health Aide. To include but not limited to: continue patients units, prepare emergency evaluation response with reasonable adaptations in the home.
- PCT 102.04 Exhibit importance of nutrition as appropriate to the Home Health Aide. To include but not limited to: consideration factors of purchasing, storing, preparing and serving food.

PCT 102.05 Exhibit services within the home as appropriate to the Home Health Aide. To include but not limited to: established plan of work, housekeeping responsibilities, medication distribution and storage.

Infection Control / HIV / AIDS is reviewed and emphasized in each section of the entire PCT program.

PCT 103 **Patient Care Assistant** 75 hours

Theory and Lab practice to provide the student skills and knowledge to work in other health facilities...not just nursing homes and home health care. Students will be able to perform skills related to the hospital setting and non-geriatric patients. Students by now should have their CNA test date and will already have their HHA certificate; and now their Patient Care Assistant (PCA) certificate.

PCT 103.01 Exhibit skills of a Nursing Assistant in relation to the hospital setting. To include but not limited to: hospital supplies and equipment care, stretcher transfer, binders application, pre-operative and post-operative care.

PCT 103.02 Exhibit skills of a Nursing Assistant in relation to the adult patient. To include but not limited to: physical examination assistance, oxygen therapy care, various forms of pulse recording, identification of common health concerns for specific patient needs.

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PCT 104 **Allied and Advanced Allied Health Assistant** 175 hours

Introduction into Electrocardiography to include theory and lab practice to provide students with the fundamentals of cardiac anatomy and Physiology, integrated with application and use of medical instrumentation modalities. Theory and lab practice of phlebotomy to include identification of anatomic structures, supplies, collecting blood specimens, accepted procedures of transporting, safety, and quality assurance. Medical record keeping to include an understanding of numerical, alphabetical and computer/filing/retention/retrieval skills.

PCT 104.01 Exhibit ability to keep medical records. To include but not limited to: basic understanding of medical terminology, basic understanding of filing, computer literacy will be enforced.

PCT 104.02 Exhibit ability to perform electrocardiograph. To include but not limited to: understanding of the cardiovascular system, understanding of ethical and legal responsibilities as an EKG/ECG monitor tech, recognition of normal versus abnormal monitoring.

PCT 104.03 Exhibit ability to perform phlebotomy. To include but not limited to: appropriate interpersonal and communication skills, understanding of phlebotomy within the health

care setting, anatomy in relation to phlebotomy, chemicals, equipments, and supplies used, safety and quality assurance.

Infection Control / HIV / AIDS is reviewed and emphasized in each section of the entire PCT program.

- PCT 105 **Patient Care Technician** 135 hours
Students enrolled in this module must have completed all modules of PCT 101-104 in this program. Students will now focus on the knowledge of organizational and effective team member skills. Skills management to function in a multi-tasking environment to deal with conflict, demonstrate communication skills specific to team support, effective time management, give and receive end-of-shift reports to team members. Externship in approved setting.
- PCT 105.01 Exhibit understanding of skills in relation to team members and organization. To include but not limited to: time management, potential situations, team member characteristics, chain of command, relationships, self evaluation.
- PCT 105.02 Exhibit understanding of skills in relation to team members and organization with a clinical setting. To include but not limited to: employability skills, communication skills, time management.
- PCT 106 **Externship** 200 hours
Hours to get practical experience with real patients in a healthcare setting.
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DIPLOMA/CERTIFICATES AWARDED

120-Hour Completion CNA, CPR, First Aide, HIV/AIDS, Food Safety, Infection Control, Resident's Rights, HIPAA, Alzheimer's/Dementia, Medical Records Documentation, Medical Error Prevention, Bloodborne Pathogens, Restraint & Seclusion, 75-Hour Home Health Aide, Certificate of Completion PCT.